



Soup Menu

We are pleased to now offer a selection of vegetable soups to add to your meal packages. This is an excellent way to eat healthy even at lunchtime!

Multi-Bean Minestrone Soup

Cream of Asparagus Soup

Parsnip, Carrot and Maple Soup

Roasted Butternut Squash Soup

Sweet Potato Soup with Ginger & Lime

Curried Lentil & Vegetable Soup

Carrot Soup with Orange & Thyme

Corn Chowder

Jamaican Callaloo (Spinach) Soup

West Indian Vegetable & Dumpling Soup

Pesto Pea Soup

Creamy Italian White Bean Soup

Vegetarian Lentil Spinach Noodle Soup

Simply add \$20 to your meal package to enjoy 6-8 servings of your favourite soup!